**The Future of Internal Medicine Guidebooks**

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**Introduction**

- “Called to see patient” or CTSP is a guidebook by the National Healthcare Group (NHG) Internal Medicine (IM) residency programme
- Unlike theory intensive handbooks, CTSP focuses on the practical aspects of medicine and takes into consideration the unique clinical approaches needed for different systems

**Methodology**

- Year one and two residents write the chapter
- Write-up vetted by faculty from the relevant subspecialty
- Incoming residents receive CTSP
- CTSP updated yearly

- CTSP comprises of the following chapters: Dermatology, Endocrinology, Gastroenterology, General Medicine, Geriatric Medicine, Haematology, Infectious Diseases, Medical Oncology, Neurology, Palliative Medicine, Rehabilitation Medicine, Renal Medicine, Respiratory Medicine, Critical Care Medicine and Rheumatology, Allergy and Immunology

**Results**

For readers

- Residents found CTSP invaluable to their daily work
- Survival tips and a hospital directory help orientate new doctors
- Even non-residents have requested for access
- Hence CTSP is made available on the NHG elearning portal

For writers

- Authors consolidate their knowledge
- Yearly revisions ensure writers are up to date on medical literature
- Guided by specialists, writers refine their treatment algorithms
- Writers make their foray into teaching and develop into clinical mentors

**Conclusion**

- Having a guidebook for residents written by residents yields positive outcomes for both the readers and the writers
- New doctors quickly gain critical practical knowledge which may not be highlighted in medical school
- Authors consolidate their learning and develop into clinical mentors.
- The guidebook encourages both systems-based practice and practice-based learning and improvement