Please STAY and LISTEN-our students mental wellness during rapid social changes

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Our team....

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Social Unrest

COVID-19 Pandemic

Negative impact on Student mental health

objective

• To understand how rapid social changes influence their mental wellness

The research question is:
What is it like to be a medical or nursing student living everyday life during social changes?

Professional identity

• Values and beliefs held by the students that guide her or his thinking, actions, and interactions with the patient (Fagermoen, 1997).

• Professional identity is not a static formation; rather it is continuous developed throughout the everyday lives and experiences of students.

• Professional identity formation
  • Through a process of self-formation, in which social interaction and self-reflection are the basic process (Fagermoen, 1997)
Methodology

• A qualitative phenomenological study approach
• Purposive sampling

• Phenomenological approaches can assist researchers to develop knowledge and discover phenomena that embrace ideals of the concepts of healing and wholeness
Findings

Powerlessness for the social unrest

Responsibility to save life

Stay and Listen

Frustration

Responsibility
MENTAL HEALTH AFTER COVID-19

https://www.youtube.com/watch?v=Wy6xtIRAVAY
Thank you
References